

# Preparing and Giving a Subcutaneous Injection Competency Checklist

**Name:** \_\_\_\_\_

		Carer Competent
1. Understands why it is necessary to wash and dry hands.		<input type="checkbox"/>
2. Is able to assemble equipment into a clean container.		<input type="checkbox"/>
3. Is able to attach a needle to a syringe.		<input type="checkbox"/>
4. Is able to open plastic and glass ampoules.		<input type="checkbox"/>
5. Is able to draw up the correct amount of appropriate medication(s) from an ampoule into a syringe and label it correctly.		<input type="checkbox"/>
6. Is able to give an injection into the cannula by either: <ul style="list-style-type: none"> <li>• Using a no needle technique, or</li> <li>• Using a blunt needle technique.</li> </ul>		<input type="checkbox"/>
7. Understands how to check the injection site for redness, tenderness, swelling or leakage.		<input type="checkbox"/>
8. Is able to record accurately the medication that was given.		<input type="checkbox"/>
9. Is able to safely store and safely dispose of any unused medications.		<input type="checkbox"/>
10. Has the contact number of the nursing service/doctor.		<input type="checkbox"/>